

July 30 – Aug 5, 2019: Week 1 (IPNS-19)

Venue: MPH

July 30 Tuesday	9:30 AM onwards	Orientation Program(Address by Prof. S. N. Singh, Hon'ble Vice Chancellor and Deans, HODs and Sectional Heads)
	2.40 PM-5.00 PM	Visit to respective departments and central facilities under the supervision of respective HOD
July 31 Wednesday	2.40-3.40 PM	Address by DSA
	3.45-5.15 PM	Address by Dean UGS & E & Dean PGS & R&D
Aug 1 Thursday	2.40-3.55 PM	Talk on "Role of NCC" by Officers of 1 UP EME Coy
	4.00-5.15 PM	Activities of Training and Placement Cell by Chairman/Vice Chairman, Training and Placement Cell
Aug 2 Friday	2.40-3.55 PM	Activities of Technical Sub-Council by Faculty In-charge, CSA
	4.00-5.15 PM	Physical Activities organized by Coordinator NSS
Aug 3 Saturday	2.40-3.55 PM	Motivational Talk on "Think Beyond" by Dr. Jitendra Mohan, Sr. Vice President, NIIT Technologies, Noida
	4.00-5.15 PM	Activities of DIIC by Coordinator/Dy. Coordinator, DIIC, MMMUT, Gorakhpur
Aug 4 Sunday		
Aug 5 Monday	2.40-3.55 PM	Activities of Sport Sub-council by Faculty In-charge, CSA
	4.00-5.15 PM	Activities of Sport Sub-council by Faculty In-charge, CSA

Aug 6– Aug 12, 2019: Week 2 (IPNS-19)

Venue: MPH

Aug 6 Tuesday	2.40-3.55 PM	Expert Talk on “Ethical Challenges and Dilemmas” by Sri Krishna Mohan, IAS(Retd)
	4.00-5.15 PM	Expert Talk on “Life’s Balance Sheet” by Sri Krishna Mohan, IAS(Retd)
Aug 7 Wednesday	9.30-10.45 AM	Motivational Talk on “Group Dynamics and Team Building” by Sri Krishna Mohan, IAS(Retd)
	11.00-12.15 PM	Motivational Talk on “Environment and Our Role ” by Sri Krishna Mohan, IAS(Retd)
Aug 8 Thursday	9.30 -10.45 AM	Expert Talk on “Interpersonal Relationship” by Prof. Dhananjay Kumar, DDU Gorakhpur Univ. Gorakhpur
	11.00-12.15 PM	Expert Talk on “Communication in Group” by Prof. Dhananjay Kumar, DDU Gorakhpur Univ. Gorakhpur
Aug 9 Friday	9.30 -10.45 AM	Expert Talk on “Psychological Health” by Dr. Shekhar Yadav, Psychologist, Lucknow
	11.00-12.15 PM	Expert Talk on “Stress Management” by Dr. Shekhar Yadav, Psychologist, Lucknow
Aug 10 Saturday	9.30 -10.45 AM	Activities of Cultural Sub-Council by Faculty In-charge, CSA
	11.00-12.15 PM	Activities of Cultural Sub-Council by Faculty In-charge, CSA
Aug 11 Sunday		
Aug 12 Monday	9.30 -10.45 AM	Workshop on “Excellence through Meditation” by Prof. S. K. Soni, MMMUT, Gorakhpur, Sri A. K. Singh, DGM,SBI,Delhi, Dr. Shyam Malhotra,GM(Retd) PNB,Lucknow
	11.00-12.15 PM	Motivational Talk on “Role of Extra-curricular & Co-curricular Activities in Skill Development in Engineering” by Dr. Prabhakar Tiwari, MMMUT, Gorakhpur

Aug 13 – Aug 19, 2019: **Week 3 (IPNS-19)**

Venue: MPH

Aug 13 Tuesday	4.00-5.00 PM	Workshop on “Excellence through Meditation” by Prof. S. K. Soni, MMMUT, Gorakhpur, Sri A. K. Singh, DGM,SBI,Delhi,Dr. Shyam Malhotra,GM(Retd) PNB,Lucknow
	5.00-6.00 PM	Address on “Health Issues” by Dr. A. K. Pandey/Dr. Reena Banka
Aug 14 Wednesday	4.00-5.00 PM	Workshop on “Excellence through Meditation” by Prof. S. K. Soni, MMMUT, Gorakhpur, Sri A. K. Singh, DGM,SBI,Delhi, Dr. Shyam Malhotra,GM(Retd) PNB,Lucknow
	5.00-6.00 PM	Address by Dr. Abhijeet Mishra
Aug 15 Thursday	CELEBRATION OF INDEPENDENCE DAY	
Aug 16 Friday	4.00-5.00 PM	Yoga & Meditation
	5.00-6.00 PM	Yoga & Meditation
Aug 17 Saturday	4.00-5.00 PM	Yoga & Meditation
	5.00-6.00 PM	Yoga & Meditation
Aug 18 Sunday		
Aug 19 Monday	4.00-5.00 PM	Yoga & Meditation
	5.00-6.00 PM	Valedictory Ceremony