

Report of Induction Programme for newly admitted Students (IPNS)-2019

M.M.M. University of Technology, Gorakhpur

This report of Induction Programme for newly admitted Students (IPNS)- 2019 is describing the detail of the induction program which is organised for newly admitted students in 2019-20. The programme of IPNS was conducted between 30th, July, 2019 to 19th, August, 2019 in MPH hall, MMMUT, Gorakhpur.

The programme contains following details:

Inaugural was held at 30/7/2019 followed by the address of VC, MMMUT.

Speaking as Chief Guest of the Inaugural Session of Induction Program for Newly Admitted Students, Professor S. N. Singh Honourable Vice Chancellor of MMMUT, Gorakhpur, introduced students to the university cultural tradition and life at MMMUT. He sensitized and motivated them to adopt the challenges of technical education to become leaders of future technical industries. In his inaugural address he also motivated newly admitted students to win various scholarships and awards offered by the state government, university alumni and other sponsoring authority. His talk also imbibes the quality and essence of being good human being and better engineer to lead the nation to new heights. He also briefed the details of the academics and University. To make the students familiar with the departments, laboratories, centres, hospitals and MMMUT campus; their visit programme was conducted under the supervision of respective departments and centre in charges etc.

The details of the report of the Induction Programme 2019-20 during July 30 – to – August 19, 2019 were as follows:

<u>Day One: July 30, 2019 (Tuesday)</u>
<u>Slot-1</u>
<ol style="list-style-type: none">1. Time/Date: 30/07/2019 (First Session)2. Name of Speaker/s:3. Chief Guest of Inaugural Session : <u>IPNS-2019</u> Professor S. N. Singh, Honourable Vice Chancellor, MMMUT, Gorakhpur4. Topic/Area/Activity (he/she covered):-Inaugural Session5. Points he/she highlighted in talk/activity:-Value Education, On Becoming a Nation Builder, Fellowships, Scholarships and Discipline, Life at MMMUT, Gorakhpur6. Summary report of the talk given by speaker on the concerning date:- Speaking as Chief Guest of the Inaugural Session of Induction Program for Newly Admitted Students, Professor S. N. Singh Honourable Vice Chancellor of MMMUT, Gorakhpur, introduced students to the university cultural tradition and life at MMMUT. He sensitized and motivated them to adopt the challenges of technical education to become leaders of future technical industries. In his inaugural address he also motivated newly admitted students to win various scholarships and awards offered by the state government, university alumni and other sponsoring authority. His talk also imbibes the quality and essence of being good human being and better engineer to lead the nation to new heights.
<u>Slot-2</u>
<ol style="list-style-type: none">1. Time/Date: 30/07/2019 (Second Session)

2. Name of Speaker/s:-**All HOD's & Deans**
3. Topic/Area(he/she covered):- **Inaugural Session**
4. Points he/she highlighted in talk:- Introduction to Pivotal University Segment
5. Summary report of the talk given by speaker on the concerning date:-
 - i. Participants were introduced to various university departments by respective HOD's.
 - ii. They were introduced to DSA, DOFA, Dean UG, Dean PG & R & D.
 - iii. They were also introduced to CSA and its Various Social, Cultural, Sports and Literary Activities.

Day Two: July 31, 2019 (Wednesday)

Slot-1

1. Time/Date: **31/07/2019 (First Session)**
2. Name of Speaker/s:-**Dr. Jay Prakash & Professor A. N. Tiwary**
3. Topic/Area/Activity (he/she covered):- **Scholarship Schemes**
4. Points he/she highlighted in talk/activity:-
 - i. **Various Scholarship Schemes**
5. Summary report of the talk given by speaker on the concerning date:-
Dr Sudhir Narayan Singh invited Dr Jay Prakash to interact with the students and handed over the podium to the Resource Person. He informed the newly admitted students of various scholarship schemes sponsored by Social Welfare Ministry of Uttar Pradesh Government. The session was followed by Q/A Session. Dr. Jay Prakash and Dean Student Affairs Professor A. N. Tiwary answered the questions raised by the participants.

Slot-2

1. Time/Date: **31/07/2019 (Second Session)**
2. Name of Speaker/s:-
 - A) **Professor A. N. Tiwary -- DSA &**
 - B) **Professor D. K. Dwivdi – Dean UG.**
3. Topic/Area(he/she covered):-
 1. **First Speaker: Campus Life at MMMUT.**
 2. **Second Speaker: University First Ordinances**
4. Points he/she highlighted in talk:-
 1. **Hostel Admission, University Rules in Hostel, Life at MMMUT—Campus**
 2. **University First Ordinances -- 2014**
5. Summary report of the talk given by speaker on the concerning date:-
 - A) Dean Student Affairs Professor A. N. Tiwary discussed mandatory rules and regulations essential for university hostellers in particular and all university students in general. He stressed upon the necessary guidelines that a Hostellers must follow. Professor Tiwary told them about the on-campus facilities available for students. University Rules in Hostel and Life at MMMUT—Campus has been core centralised contents of his discussion.
 - B) Dean Under Graduate [Dean UG] Student Professor D. K. Dwivedi discussed mandatory rules and regulations essential for UG studies. University First Ordinances were key to his discussions. He also discussed the value of disciplined life at MMMUT. He stressed upon the necessary guidelines and provisions for UG students.

Day Three: August 01, 2019 (Thursday)

Slot-1

1. Time/Date: **01/08/2019 (First Session)**
2. Name of Speaker/s:-**Brigadier J. S. Rajpurohit**
3. Topic/Area/Activity (he/she covered):-**Induction to NCC**
4. Points he/she highlighted in talk/activity:-
 - i. **NCC and its History**
 - ii. **NCC its Role and Importance**
 - iii. **Three Wings of NCC**
5. Summary report of the talk given by speaker on the concerning date:-

Dr Sudhir Narayan Singh read the brief Bio-Data of honourable speaker Brigadier J. S. Rajpurohit and invited him to induct the newly admitted students. Brigadier Rajpurohit not only highlighted all functionality, work culture, discipline and ethical values of NCC but also motivated the students to dedicate their lives to the service of the nation. He also showcased three small videos related to three wings of NCC. He concluded his talk with inviting questions from the participants. His talk closed with NCC theme song and National Anthem.

Slot-2

1. Time/Date: **01/08/2019 (Second Session)**
2. Name of Speaker/s:-**Professor S. C. Jayswal, Professor & Head, Department of Humanities & Management Science, MMMUT, Gorakhpur, UP.**
3. Topic/Area(he/she covered):-**Training and Placement**
4. Points he/she highlighted in talk:-
 - i. **Employability**
 - ii. **Professional Training**
 - iii. **Placement**
5. Summary report of the talk given by speaker on the concerning date:-

Professor S. C. Jayswal inducted the students with latest training needs. He sensitised them with present day required employability skills. Choosing a career and ensuring safe and sustainable growth options and finally making a work-life balance have been the key focus areas that his talk covered.

Day Four: August 02, 2019 (Friday)

Slot-1

1. Time/Date: **02/08/2019 (Both :First & Second Sessions)**
2. Name of Speaker/s:-**Technical Sub Council Members, CSA.**
3. Topic/Area/Activity (he/she covered):-**Introduction to Students Societies**
4. Points he/she highlighted in talk/activity:-**Students Societies of MMMUT**
5. Summary report of the talk given by speaker on the concerning date:-

Newly Admitted Students were introduced with all existing societies functioning under Technical Sub Council of CSA.

Slot-2

1. Time/Date:**02/08/2019 (Both :First & Second Sessions)**

<p>2. Name of Speaker/s:-Technical Sub Council Members, CSA.</p> <p>3. Topic/Area/Activity (he/she covered):-Introduction to the Activities of Students Societies</p> <p>4. Points he/she highlighted in talk/activity:-Year Long Academic Calendar Activities to be taken up under Technical Sub Council of CSA, MMMUT</p> <p>5. Summary report of the talk given by speaker on the concerning date:- Newly Admitted Students were introduced with all existing societies functioning under Technical Sub Council of CSA. They were also inducted with the yearly activities of Academic Calendar 2019—2020 to be taken up under Technical Sub Council of CSA, MMMUT.</p>
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After that, the details programme which was conducted between August 03 to August 11 was as follows:

<u>August03, 2019</u>
<u>Slot-1</u>
<p>Name of Speaker/s: Dr. Jitendra Mohan, Topic/Area/Activity (he/she covered):- Inaugural Session Points he/she highlighted in talk/activity:- Think Beyond a motivational Talk, Sr. Vice President NIIT Technologies Noida Summary report of the talk given by speaker on the concerning date:- Through his talk he positively inculcates the thinking of positive thought and broadened the understanding power by knowing your life and its limits. He talked about how to stay motivated during tough times</p>
<u>Slot-2</u>
<p>In second slot activities by DIIC was performed by Dy. Coordinator, DIIC, MMMUT. He introduced the different activities of DIIC.</p>
<u>August 04, 2019</u>
<u>Slot-1& Slot-2</u>
<p>Was left for the student daily necessary routinely work.</p>
<u>August 05, 2019</u>
<u>Slot-1& Slot-2</u>
<p>Name of Speaker/s:- Faculty in charges of different Sport sub council. Topic/Area/Activity (he/she covered):- Sport sub council, CSA, MMMUT Points he/she highlighted in talk/activity; Summary report of the talk given by speaker on the concerning date:- All the faculty in charge describe how the young mind students can fulfil their ambitions and hopes for himself and for the world from important driving factors of cultural. They describe well about their expectation and future outcomes from all young mind students.</p>
<u>August 06, 2019</u>
<u>Slot-1</u>

<p>Name of Speaker/s:- Shri Krishna Mohan, IAS (Retd.) Topic/Area/Activity (he/she covered):- Ethical challenges and Dilemmas Summary report of the talk given by speaker on the concerning date:- In his topic of “Ethical challenges and Dilemmas” He described how ethics were easy and straightforward in our organizations, there would be no need for books such as this one. However, this is rarely the case. Ethical decision making and practice are fraught with difficulties and challenges. Ethics often stretches us and moves us to think beyond our own self to consider others: our family, our work group, our organization, our country, our culture. At the least, when we consider: our own ethics, we must ask ourselves.</p>
<p><u>Slot-2</u></p> <p>Name of Speaker/s:- Shri Krishna Mohan, IAS (Retd.) Topic/Area/Activity (he/she covered):- Life’s balance sheet Summary report of the talk given by speaker on the concerning date:- In his talk on the above topic he tries to explain difference between a personal financial balance sheet and life balance sheet. He also described our liabilities from your assets. A balance sheet of life tracks how much you have at a fixed point in time in respect of our personal life balance sheet.</p>
<p><u>August 07, 2019</u></p>
<p><u>Slot-1</u></p> <p>Name of Speaker/s:- Shri Krishna Mohan, IAS (Retd.) Topic/Area/Activity (he/she covered):- Group dynamics and Team Building Summary report of the talk given by speaker on the concerning date:- His talk deals with the attitudes and behavioral patterns of a group and focused on how group dynamics and groups are formed, what is their structure and which processes are followed in their functioning. He also highlighted that the members of the group must have a strong sense of belonging to the group. The groups arise and function owing to common motives. The intergroup relations, group organization, member participation is essential for effectiveness of a group. Confidentiality is a major requirement which is achieved by mutual respect for one another.</p>
<p><u>Slot-2</u></p> <p>Name of Speaker/s:- Shri Krishna Mohan, IAS (Retd.) Topic/Area/Activity (he/she covered):- Environment and our role Summary report of the talk given by speaker on the concerning date:- He speaks about growth of our population around the globe and what is the impact on our planet. He addressed that; we have to be mindful of how our actions are hurting it. We need to preserve our eco-system. Protecting the environment starts with everyone. Many people are aware of the importance of protecting the environment, but not everyone is willing to take steps towards reducing air or water pollution caused by human activities. The problem is much more dangerous than what it is made out to be. In this session he sensitized the participants about the role they can play individually, however small it may be in protecting the environment.</p>
<p><u>August 08, 2019</u></p>
<p><u>Slot-1</u></p> <p>Name of Speaker/s:- Prof. Dhananjay Kumar, DDUGU, Gorakhpur Topic/Area/Activity (he/she covered):- “Interpersonal Relationship” Summary report of the talk given by speaker on the concerning date:- This description is based on human ethical decision, selection of proper judgment, in which they</p>

select a good relationship with human empathy not to sympathy.
<u>Slot-2</u>
<p>Name of Speaker/s:- Prof. Dhananjay Kumar, DDUGU, Gorakhpur Topic/Area/Activity (he/she covered):- “Communication in Group” Summary report of the talk given by speaker on the concerning date:- He assisted that communication play a imp role for making a good relationship to choose problem orientated type discussion, equality type behaviour in place of superiority.</p>
<u>August 09, 2019</u>
<u>Slot-1&Slot-2</u>
<p>Name of Speaker/s:-.Dr. Abhijit Mishra, Dr. Ravi Kumar Gupta&Dr. Abhishek Kumar Gupta Topic/Area/Activity (he/she covered):- (i) Time management (ii) Stress management and (iii) Role of discipline to excel in technical education Summary report of the talk given by speaker on the concerning date:- The talk on August 09, 2019 consisted of three part. There description of first talk was based on how to manage a time for your busy schedule while second one was based on category and reason of stress. Stress has been generated due to many collective problems which is generated by own self. Dr. Abhijit Mishra also insisted in his talk that good time management enables us to work smarter – not harder – so that we can get more done in less time, even when time is tight. Failing to manage your time damages your effectiveness and causes stress. It seems that there is never enough time in the day. The talk on role of discipline to excel in technical education was delivered by Dr. Abhishek Kumar Gupta and was based on how education is necessarily process for inculcating values and discipline to equip the students to lead in their life and how discipline is satisfying most of the needs of the individual to cherished the ideal need of the our society. The emphasise of the talk was on the role of education for ‘character, discipline and value development and make the student to excel in their technical education career. Teachers functions as a roving coach to help all individual students.</p>
<u>August 10, 2019</u>
<u>Slot-1& Slot-2</u>
<p>Name of Speaker/s:- Members of Cultural Sub Council Members, CSA, MMMUT Topic/Area/Activity (he/she covered):- Different introduction and activities of cultural sub council members, CSA, MMMUT Points he/she highlighted in talk/activity:- Students Societies of MMMUT Summary report of the talk given by speaker on the concerning date:- Newly Admitted Students were introduced with all the different cultural functioning existing here and their past review as presented by cultural sub council’s members of CSA, MMMUT.</p>
<u>August 11, 2019</u>
<u>Slot-1& Slot-2</u>
Was again left for the student daily necessary routinely work.

12th August 2019	9:30-10:45 am	Workshop on Excellence through Meditation by Prof. S.K. Soni, MMMUT, Gorakhpur, Sri A.K. Singh, DGM, SBI, Delhi, Dr. Shyam Malhotra, GM (Retd) PNB, Lucknow	Different techniques and its benefits explained by the speakers. How to breadth, how to do meditation in a proper posture etc. explained by the speakers to the students for getting lots of benefits from it like less anxiety, lower blood cortisol levels, more feelings of well-being, less stress, deeper relaxation etc. Students can do the meditation on the daily basis for the fil body and mind.
	11-12:15 pm	Motivational Talk on “Role of extra-curricular & Co-curricular Activities in Skill Development in Engineering” by Dr. Prabhakar Tiwari, MMMUT Gorakhpur	The need of co-curricular activities for today’s time other than study very well explained by Dr. Prabhakar Tiwari. He focused on personality development by involving in different sports, technical, cultural activities. He explain to students how they can get good marks by co-curricular as well.
13th August 2019	4-5 pm	Workshop on Excellence through Meditation by Prof. S.K. Soni, MMMUT, Gorakhpur, Sri A.K. Singh, DGM, SBI, Delhi, Dr. Shyam Malhotra, GM (Retd) PNB, Lucknow	Different techniques and its benefits explained by the speakers. Students can get lots of benefits after doing meditations like less anxiety, lower blood cortisol levels, more feelings of well-being, less stress, deeper relaxation etc. Students can do the meditation on the daily basis for the fil body and mind.
	5-6 pm	Address on Health Issues by Dr. A.K. Pandey/ Dr. Reena Banka	Dr. A.K. Pandey was delivered about the health issues regarding daily life routine like fever, food habits, how to measure your BMI. He also told about first aid for fever.
14th August 2019	4-5 pm	Workshop on Excellence through Meditation by Prof. S.K. Soni, MMMUT, Gorakhpur, Sri A.K. Singh, DGM, SBI, Delhi, Dr. Shyam Malhotra, GM (Retd) PNB, Lucknow	Speakers were explained about the importance of meditation in our life. They explain about the chakra, concentration and peace of mind.
	5-6 pm	Address by Dr. Abhijeet	

			Mishra	
15th August 2019	8-10 am		Celebration of Independence Day	73 rd Independence Day was celebrated in the presence of August Gathering. After Flag Hosting some performance done by Malaviya Niketan children's, university students and faculty members. Award distributed for 30year of service for faculty and staff and MESA award for students.
16th August 2019	4-5 pm		Yoga & Meditation	Both the session delivered by Mr. Shailesh Yadav about the yoga and Meditation was very useful for the mindset of students. They explained about the breath practice and different yoga practices to control mind for the peaceful lifestyle.
	5-6 pm		Yoga & Meditation	

August 17, 2019 (Saturday)

Slot-1

7. Time/Date: **17/08/2019 (First Session)**
8. Name of Speaker/s: Dr. Shekhar Yadav, Physchatrist
9. Topic/Area/Activity (he/she covered):-**Mental Health and Stress Management for Students**
10. Points he/she highlighted in talk/activity:- Awareness about Mental Health, Recognition of Mental Health, Diagnosis and Curing, Recognizing Stress and How to Cope up with Stress during academic life
11. Summary report of the talk given by speaker on the concerning date:-Dr. Yadav made aware the students regarding mental health through his address along with the myths about the mental disorder. He highlighted the points to recognise the mental health through various symptoms of it either by thinking and/or behaviour. He also pointed out how to recognise and avoid the psychiatric disorder like ADHD and suicidal tendency. Further, he talked about the most common issue with students like depression and anxiety during academic life. He concluded his address with the treatment for aforementioned issues either through medicine and/or counselling.

Slot-2

6. Time/Date: **17/08/2019 (Second Session)**
7. Name of Speaker/s:-**Dr. Sanjay Yadav and his team**
8. Topic/Area(he/she covered):- **Yog**
9. Points he/she highlighted in talk:- Practice of Surya Namaskar and Chandra Namaskar, Meditation and some physical activities
10. Summary report of the talk given by speaker on the concerning date:-
Dr. Sanjay Yadav and his team executed an hour long session for Yog practice with the students, where Yog teachers highlighted the practice of Surya Namaskar, Chandra Namaskar, Taadaasan and many other physical activities. This session was ended with

a very enlightening Meditation session.
August 19, 2019 (Monday)
Slot-1
<ol style="list-style-type: none"> 1. Time/Date: 17/08/2019 (Second Session) 2. Name of Speaker/s:-Dr. Sanjay Yadav and his team 3. Topic/Area(he/she covered):- Yog 4. Points he/she highlighted in talk:- Practice of various Aasan, meditation and some physical activities 5. Summary report of the talk given by speaker on the concerning date:-Dr. Sanjay Yadav and his team executed an hour long session for Yog practice with the students, where Yog teachers highlighted the practice of various “YogAasan” many other physical activities. Furthermore, the session was ended with a some key-points from Dr. Yadav “How to live a Healthy Life “ in brief.
Slot-2
<ol style="list-style-type: none"> 1. Time/Date: 19/08/2019 (Validatory Session) 2. Name of Speaker/s: Prof. A.N. Tiwari and Dr. B.K. Pandey 3. Chief Guest of Validatory Session : <u>IPNS-2019</u> Professor S. N. Singh, Honourable Vice Chancellor, MMMUT, Gorakhpur 4. Points he/she highlighted in talk/activity:- On becoming a good learner, Awards and Recognition, Life at MMMUT, Gorakhpur 5. Summary report of the talk given by speaker on the concerning date:- the summary of the Validatory Session is as detailed below.

The Validatory session has started with the address by Dr. B.K. Pandey, where he highlighted the worthiness of the Induction Program for Newly Admitted Students. Further, he motivated the students to nurture the learnings of the Induction Program for Newly Admitted Students in their routine life. He also introduced the students about the rules and regulation of the Malaviya Excellence Student Award and motivated newly admitted students to win this by performing good in academics as well as in the various co-curricular activities in the University. Further, Prof. A.N. Tiwari highlighted the key-points to follow for a pleasant stay at hostels in at MMMUT, Gorakhpur.

Speaking as Chief Guest of the Validatory Session of Induction Program for Newly Admitted Students, Professor S. N. Singh, Honourable Vice Chancellor of MMMUT, Gorakhpur, gave a very motivating lecture to students, where he inspired the students to become a good learner by observing the things around you. Moreover, he inspired students to become a solution provider for their day-to-day life problems rather than being a complainant only. He also motivated the students to life a balanced life throughout their future stay at the university between academics and co-curricular activities at MMMUT. The Validatory session was ended with Thanks giving session by Dr. Abhishek Kumar Gupta.